

MHACBO

2054 N Vancouver Ave, Portland, OR 97227 (503) 231-8164

mhacbo@mhacbo.org http://www.mhacbo.org

Dear Applicant,

Enclosed is the application & information packet you requested. The 2017 test dates are as follows.

Complete application due to MHACBO by:

- June 1, 2018 for the August 4-18, 2018 testing period
- October 5, 2018 for the December 1-15, 2018 testing period

You must have a **completed** application packet, the Test Application form, and the appropriate fees in our office **no later than** the above application due date, *regardless of postmark*, for the appropriate test date.

The Application for International Certification Examination for Gambling Counselors is now included in this packet. This form is absolutely necessary to get you into the test. Please sign in both places on the second page.

If you are sending packages overnight mail at the last minute, we suggest that you sign the waiver to allow the carrier to leave the package without a signature. Certified mail that requires a signature also can cause your package to arrive late.

The \$50 application fee is non-refundable. The \$220 test fee is **absolutely non-refundable** and **non-transferable** after the application due date. If you have submitted your applications and fees and find **prior** to the application due date that you are unable to attend the test, please notify us immediately and your fee can be refunded or applied to the next test. When you have sent us a completed application, including the test fee and the completed GCCB test registration, you will be automatically enrolled in the next available test date unless you contact us and request otherwise.

FEE SCHEDULE:

Application Fee	\$ 50	
Objective Exam Fee (for Level I or II).		
Objective Exam Retake Fee (if you did not pass previously)		
File Copying (moving to another state, etc.)		

If you have any other questions, please feel free to email Dick Johnson at zzjohnson@msn.com

OREGON HEALTH AUTHORITY ADDICTIONS & MENTAL HEALTH DIVISION ORS 443.004/OAR 407-007-0277 Crimes

Public funds may not be used to support, in whole or in part, the employment in any capacity of an individual having contact with a recipient of support services or a resident of a residential facility or an adult foster home, of a mental health or substance abuse treatment provider who has been convicted of the following convictions. **ORS**443.004/OAR 407-007-0277 impacts anyone with this type of employment regardless of hire date.

"Mental health or substance abuse treatment provider" in ORS 443.004 means:

- A peer support specialist;
- An employee of a residential treatment facility or a residential treatment home that is licensed under ORS 443.415 to provide treatment for individuals with alcohol or drug dependence;
- An individual who provides treatment or services for persons with substance use disorders; or
- An individual who provides mental health treatment or services (including any type of mental health licensed or certified facility or agency).

If the individual has been convicted of any of the crimes listed below (or **attempt, conspiracy, or solicitation** for any of the crimes) regardless of how long ago the conviction occurred, THE INDIVIDUAL IS NOT ELIGIBLE FOR THE POSITION.

- ORS 163.095, Aggravated murder
- ORS 163.115, Murder
- ORS 163.375, Rape I
- ORS 163.405, Sodomy I
- ORS 163.411, Unlawful sexual penetration I
- ORS 163.427, Sexual abuse I

All mental health or substance abuse treatment providers are subject to ORS 443.004 if public funds are involved in the payment of treatment or services. The Background Check Unit (BCU), serving the Department of Human Services and the Oregon Health Authority does not conduct background checks on programs or facilities which are exclusively licensed or certified as an alcohol & drug provider.

If an individual is offered employment as a mental health or substance abuse treatment provider <u>AND</u> the individual is subject to a background check through BCU, submit a background check request. If BCU confirms that the individual has a conviction of one or more of the crimes listed above, BCU will make a determination that of **INELIGIBLE DUE TO ORS 443.004.**

An individual found to be Ineligible Due to ORS 443.004 does not have hearing rights through BCU regarding this determination.

Background Check Unit Revised 4/27/2012

Gambling Counselor Certification Board of Oregon

Gambling Addiction Counselor Certification Application Packet

Director of Gambling Addiction Counselor CertificationD

Dick Johnson, M.A.

CADC III, CGAC II, NCGC II, BACC (National Council on Problem Gambling Board Approved Clinical Consultant)

> 2054 N Vancouver Ave Portland, Oregon 97227-1917

Contact Information

971-235-2954 zzjohnson@msn.com

Form Revised April 18, 2018

Contents

Certification Overview-Checklist

Applicant Registration Form

Ethics Statement

Education Log Form

Supervised Experience Form

Board Approved Clinical Consultant Supervision Form for CGAC I & II

Certified Gambling Addictions Counselor Level I Entry Level Certification and Level II

Overview and Applicant Checklist

Applicant Registration

Complete the applicant registration form with identifying information and candidate statement. Enclose appropriate fees: \$50 application fee and \$220 testing fee.

Education and/or Credentialing Requirements

You must submit proof of credentialing in a mental health or addictions discipline demonstrating basic human service competencies (a CADC I or greater, QMHA/QMHP, etc.)

Experience Requirements

500 Hours for Level I, or 2000 Hours for Level II, of Supervised Experience in the Gambling Addiction Counselor

Domains Experience may include any gambling specific counseling services rendered in the Four Domains; Clinical, Documentation, Administrative and Client Advocacy. (1 Full Time Month = 160 experience hours).

24 hours of face-to-face, telephone, email, or other electronic communication clinical supervision from a qualified problem gambling treatment certification clinical supervisor.

"Gambling" Educational Requirements

_____ 60 Hours Problem/Compulsive
Gambling Education (a minimum of 2
hours in each category), including a
minimum of:

- " Gambling Client Assessment/Intake
- Gambling Financial Planning & Budgeting
- " Gambling Counseling (Individual, Group, Family)
- " Gambling Case Management
- Professional Responsibility and Ethics
- " Crisis Intervention
- " Co-occurring Disorders

Gambling Counselor Ethics Agreement

Sign/date the Ethics Agreement.

Exam Registration

Complete the exam registration form in order to register for the exam. You must successfully pass the examination.

NOTE

You must submit a completed registration packet by the application deadline in order to be registered for the National Exam.

Questions: email zzjohnson@msn.com

Applicant Registration

Name: Last	Circt	МІ
Name: Last	FIISt	N1.1.
Date of Applicat	ion	
Home Address:	Street Number	
City	State	7in
City	State	ΣΙΡ
Work Address:	Agency Name	
Street Address		
City	State	Zip
Home Phone		
Work Phone		
, , , , , , , , , , , , , , , , , , ,		
Message Phone		
B 15 11		
Personal Email		
Business Email		
Title of Current Expiration Date	Certification/l	License &
•		
Certification/Lic	ense Number	
Name of Certific	eation/Licensin	ng Board
Level of Educati (AA/AS, BA/BS, N	on	

Statement of Abstinence

Only for those who are recovering from problem/compulsive gambling behavior.

I hereby attest that I have been abstinent from gambling for the 2 years immediately preceding this application.

Applicant Signature:	
Date:	

Candidate Statement

I hereby apply for certification in Oregon as a Gambling Addictions Counselor. I understand that the application and examination fee is non-refundable & non-transferable from one examination date to another.

Furthermore, I attest that the information I have given in this application and all supporting documentation is correct and true. I give MHACBO permission to verify any statements given in any part of this application.

Applicant Signature:

Date:	
What Level of Gambling Certification are yo applying for? Check one of the following.	u
CGAC I	
CGAC II	
1	

Questions: email zzjohnson@msn.com

Ethics Statement

Professional Code and Ethical Standards

- 1. Orientation in all efforts toward goal of recovery for client and family.
- 2. Respect confidentiality of all records, materials and communications concerning clients.
- 3. Respect for client evidenced by an objective, non-possessive professional relationship at all times.
- 4. No discrimination among clients or professionals on the basis of race, color, creed, age, sex, or sexual orientation.
- 5. Respect for the rights and views or of other gambling counselors and professionals.
- 6. Respect for institutional policies and cooperation with management functions.
- 7. Evidence of genuine interest in helping persons with gambling problems and dedication to helping them to help themselves.
- 8. Willingness to assess his/her own personal and vocational strengths, limitations, and biases. Ability and willingness to recognize when it is to the clients best interest to refer or release

- him/her to another counselor or program.
- Willingness to take personal responsibility for continued professional growth through further education or training.
- 10. Total commitment to providing the highest quality of care through both personal effort and utilization of any other health professionals or services which may assist the client in his/her recovery plan.
- 11. Does not behave in a manner that will reflect adversely on the credibility and integrity of the profession.

Name and title of Candidate
Signature
Date

Education Log/Form

Gambling Educational Requirements

60 Hours Problem/Compulsive Gambling Education (a minimum of 2 hours in each category), including a minimum of:

- " Gambling Client Assessment/Intake
- Gambling Financial Planning & Budgeting
- " Gambling Counseling (Individual, Group, Family)
- " Gambling Case Management
- " Professional Responsibility and Ethics
- " Crisis Intervention
- " Co-occurring Disorders

All education must be accredited or approved through a recognized education accreditation or approval body. Certificates must indicate accreditation through a recognized accreditation body, such as:

- · MHACBO
- · NAADAC
- · Regional Accreditation
- · NASW
- · APA
- · ACA
- · NBCC
- · National Council on Problem Gambling
- · CRCC
- · Etc,....

Those certificates that do not indicate accreditation through a recognized accreditation body will not be accepted.

DO NOT INCLUDE EDUCATION IN YOUR APPLICATION THAT IS NOT ACCREDITED OR APPROVED

Questions: email zzjohnson@msn.com

Training	Clock Hours
TOTAL	

Supervised Experience Requirements

Experience Requirements

CGAC I: 500 Hours of Supervised Experience in the Gambling Addiction Counselor Domains.

CGAC II: 2,000 Hours of Supervised Experience in the Gambling Addiction Counselor Domains.

Experience may include any gambling specific counseling services rendered in the Four Domains; Clinical, Documentation, Administrative and Client Advocacy. (6 Full Time Months = 1,000 experience hours).

Make as many copies of this form as you need to document the minimum of hours. You will most likely need one form for each gambling program you have worked in.

Approximate the number of hours in each category of the Gambling Addiction Counselor Domains. You must present a majority of hours in the Clinical Domain.

Candidate Name (print)
Name of Gambling Addiction Program or
Agency/Practice where services were provided.
Name & Title of your supervisor (print)
Dates of Experience (From - To)

Questions: email zzjohnson@msn.com

Domains & Hours

Domains	Hours Accrued
Clinical Intake, Assessment, Treatment Planning, Case-management, Individual-Group-Family Counseling, Client Education, Crisis Intervention, Client Follow-up, Medical Recommendations & Treatment, Aftercare Services, etc.	
Documentation Referrals-reporting to other resources, client records, ROI's, etc.	
Administrative Administrative responsibilities, Program Management, Quality Assurance Monitoring, Program Development, Research, etc.	
Client Advocacy Prevention, Community Activities-Education, Orientation, Outreach, etc.	
Total Hours Accrued in all of the Gambling Addiction Counselor Domains	
Candidate Signature	date
Board Approved & Qualified Disorde Gambling Treatment Clinical Superv Signature	

Qualified supervisors must have maintained a CGAC II certification for a minimum of 2 years and have a minimum of 10 hours of clinical supervision training with documentation of such in their MHACBO file. See next page for a list of approved CGAC Counseling Supervisors.

MHACBO Approved CGAC Certification Supervisors*

(as of 2018-09-24)

Mark W Douglass

Joseph Reisman

Eric Berman

Kristin Bezdek

Scott E Buser

Carol R Chism

Robert J Forsyth

Roger W Humble

Richard P Johnson

Marilane Jorgenson

Delese L Kendrick

Thaddeus S Labhart

Janese C Olalde

Kevin C Stephens

Michele Tantriella-Modell

David S Corse

Philip Yassenoff

Peter D Pennington

^{*} List of supervisors may change without notice.

Professional Supervision Form

Professional Supervision Requirments

24 hours of face-to-face, telephone, email, or other electronic communication clinical supervision from a qualified problem gambling treatment certification clinical supervisor.

(Qualified certification supervisors must have maintained a CGAC II certification for a minimum of 2 years and have a minimum of 10 hours of clinical supervision training with documentation of such in their MHACBO file.)

Candidate Name (print)
Canadane Fame (print)
Name of Gambling Addiction Program or Agency/Practice where services were provided.
Name & Title of your "ACC" or "BACC"
Dates of Supervision (From - To)
Ouestions: email zziohnson@msn.com

Supervision Hours

Date of Supervision	
Session	
Hours Accrued	
Date of Supervision	
Session	
Hours Accrued	

Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Date of Supervision Session
Hours Accrued
Total Hours Accrued from all professional supervision sessions

INTERNATIONAL CERTIFICATION EXAMINATION FOR GAMBLING COUNSELORS

Handbook for Candidates





1350 BROADWAY • 17th FLOOR NEW YORK, NY 10018 (212) 356-0660 WWW.PTCNY.COM

TABLE OF CONTENTS

CERTIFICATION1 -
PURPOSES OF CERTIFICATION1 -
GAMBLING COUNSELOR CERTIFICATION ELIGIBILITY REQUIREMENTS 1 -
ATTAINMENT OF CERTIFICATION AND RECERTIFICATION 2 -
REVOCATION OF CERTIFICATION2 -
COMPLETION OF APPLICATION3 -
EXAMINATION ADMINISTRATION3 -
SCHEDULING YOUR EXAMINATION APPOINTMENT 4 -
SPECIAL NEEDS 4 -
CHANGING YOUR EXAMINATION APPOINTMENT 5 -
RULES FOR THE EXAMINATION 5 -
FEES 5 -
REFUNDS 5 -
REPORT OF RESULTS5 -
REEXAMINATION 6 -
CONFIDENTIALITY
CONTENT OF EXAMINATION 6 -
CONTENT OUTLINE7 -
SAMPLE EXAMINATION QUESTIONS 10 -
REFERENCES 11 -

This handbook contains necessary information about the International Certification Examination for Gambling Counselors (IGCCB). Please retain it for future reference. Candidates are responsible for reading these instructions carefully. This handbook is subject to change.



CERTIFICATION

The International Gambling Counselor Certification Board (IGCCB) supports the concept of voluntary certification by examination of gambling counselors. Certification is one part of a process called credentialing. Certification focuses specifically on the individual and is an indication of one's current level of knowledge in gambling counseling.

PURPOSES OF CERTIFICATION

TO PROMOTE COMPETENCY IN GAMBLING COUNSELING BY:

- 1. Promoting high standards of training, competence, skills, and knowledge.
- 2. Providing a national and international standard for requisite knowledge in gambling counseling.
- 3. Recognizing formally those individuals who meet the standards of eligibility established by the IGCCB.
- 4. Encouraging continued professional growth in gambling counseling for the purpose of improving the quality of care to addicted persons and their families.
- 5. Establishing, measuring, and monitoring the level of knowledge required for certification in gambling counseling.

EXAMINATION ELIGIBILITY REQUIREMENTS

LEVEL I GAMBLING COUNSELOR – (or ICGC-I)

- 1. 30 hours of approved gambling specific training
- Bachelor's degree or equivalent in behavioral health <u>OR</u> a NCAC-I (Nationally Certified Addiction Counselor), NCAC-II, or MAC (Master Addiction Counselor) credential or equivalent <u>OR</u> other state or nationally recognized addiction or mental health certifications
- 3. Taking and passing the International Certification Examination for Gambling Counselors
- 4. Payment of the application fee

LEVEL II GAMBLING COUNSELOR - (ICGC-II)

- 1. 60 hours of approved gambling specific training
- 2. Bachelor's degree or equivalent in behavioral health **OR** a NCAC-I, NCAC-II, or MAC credential **OR** other state or nationally recognized addiction or mental health certifications
- 3. Taking and passing the International Certification Examination for Gambling Counselors
- 4. Payment of the application fee

ATTAINMENT OF CERTIFICATION AND RECERTIFICATION

Eligible candidates who pass the International Certification Examination for Gambling Counselors must ALSO fulfill <u>all</u> other requirements as found at http://www.igccb.org/certification-criteria.html to receive certification. Only once ALL requirements have been fulfilled AND the application has been approved will candidates receive certificates from the IGCCB and be eligible to use the appropriate registered designation ICGC-I or ICGC-II after their names. A registry of Certified Gambling Counselors will be maintained by the IGCCB and may be reported in its publications. Certification is recognized for a period of three (3) years at which time the candidate must meet current eligibility requirements to maintain certification.

REVOCATION OF CERTIFICATION

Certification will be revoked for any of the following reasons:

- 1. Falsification of any information, including experience data, requested in the Application.
- 2. Misrepresentation of certification status.
- 3. Revocation of current license, certification, or registration.
- 4. Violation of the Ethical Standards for Certified Gambling Counselors.

The Appeals Committee of the IGCCB provides the appeal mechanism for challenging revocation of certification. It is the responsibility of the individual to initiate this process with a written or documented request.

COMPLETION OF APPLICATION

Complete or fill in as appropriate ALL information requested on the Application. Mark only one response unless otherwise indicated.

NOTE: The name you enter on your Application must match exactly the name shown on your current government-issued photo ID such as driver's license or passport. Do not use nicknames or abbreviations.

CANDIDATE INFORMATION: Starting at the top of the Application, print your name, address, daytime phone number, evening phone number, and e-mail address in the appropriate row of empty boxes. Also, indicate your choice of examination date.

ELIGIBILITY AND BACKGROUND INFORMATION: All questions must be answered. Mark only one response unless otherwise indicated.

OPTIONAL INFORMATION: These questions are optional. The information requested is to assist in complying with equal opportunity guidelines and will be used only in statistical summaries. Such information will in no way affect your test results.

RELEASE AUTHORIZATION: This section should be completed by candidates authorizing release of test results to a state/commonwealth.

CANDIDATE SIGNATURE: When you have completed all required information, sign and date the Application in the space provided.

PART II: Complete sections A through D. Complete or fill in as appropriate ALL information requested.

Fold the completed Application. Mail the Application with the appropriate fee (see FEES on page 5) in time to be received by the deadline shown on the cover of this Handbook to:

IGCCB EXAMINATION
PROFESSIONAL TESTING CORPORATION
1350 Broadway – 17th Floor
New York, New York 10018

EXAMINATION ADMINISTRATION

The International Certification Examination for Gambling Counselors is administered during an established testing period on a daily basis, Monday through Saturday, excluding holidays, at computer-based testing facilities managed by PSI. PSI has several hundred testing sites in the United States, as well as Canada. Scheduling is done on a first-come, first-serve basis. To find a testing center near you, visit www.ptcny.com/cbt/sites.htm or call PSI at (800) 733-9267. Please note: Hours and days of availability vary at different centers. You will not be able to schedule your examination appointment until you have received a Scheduling Authorization from PTC.

TESTING TUTORIAL

A testing tutorial can be viewed, free of charge, online. Please visit www.ptcny.com/cbt/demo.htm. This document can give you an idea about the features of online testing.

SCHEDULING YOUR EXAMINATION APPOINTMENT

Once your application has been received and processed and your eligibility verified, you will be sent a notice from PTC confirming receipt of payment and acceptance of application. Within six weeks prior to the first day of the testing period, you will be sent a Scheduling Authorization via email from notices@ptcny.com. Please ensure you enter your correct email address on the application and add the 'ptcny.com' domain to your email safe list. If you do not receive a Scheduling Authorization at least three weeks before the beginning of the testing period, contact the Professional Testing Corporation at (212) 356-0660.

The Scheduling Authorization will indicate how to schedule your examination appointment as well as the dates during which testing is available. Appointment times are first-come, first-serve, so schedule your appointment as soon as you receive your Scheduling Authorization in order to maximize your chance of testing at your preferred location and on your preferred date.

Your current driver's license, passport, or U.S. Military ID must be presented in order to gain admission to the testing center. PTC also recommends you bring a paper copy of your Scheduling Authorization and your PSI appointment confirmation with you to the testing center.

After you make your test appointment, PSI will send you a confirmation email with the date, time and location of your exam. Please check this confirmation carefully for the correct date, time and location. Contact PSI at (800) 733-9267 if you do not receive this email confirmation or if there is a mistake with your appointment.

- It is your responsibility as the candidates to contact PTC if you have not received your Scheduling Authorization email at least three weeks prior to the start of the testing period.
- It is your responsibility as the candidate to call PSI to schedule the examination appointment.
- It is highly recommended that you become familiar with the testing site.
- Arrival at the testing site at the appointed time is the responsibility of the candidate. Please plan
 for weather, traffic, parking, and any security requirements that are specific to the testing
 location. Late arrival may prevent you from testing.

SPECIAL NEEDS

IGCCB and PTC support the intent of and comply with the Americans with Disabilities Act (ADA). PTC will take steps reasonably necessary to make certification accessible to persons with disabilities covered under the ADA. Special testing arrangements may be made upon receipt of the Application, examination fee, and a completed and signed Request for Special Needs Accommodations Form, available from www.ptcny.com or by calling PTC at (212) 356-0660. This Form must be uploaded with the online application at least EIGHT weeks before the testing period begins. Please use this Form if you need to bring a service dog, medicine, food or beverages needed for a medical condition with you to the testing center.

Information supplied on the Request for Special Accommodations Form will only be used to determine the need for special accommodations and will be kept confidential.

CHANGING YOUR EXAMINATION APPOINTMENT

If you need to cancel your examination appointment or reschedule to a different date within the two-week testing period, you must contact PSI at (800) 733-9267 no later than noon, Eastern Standard Time, of the second business day PRIOR to your scheduled appointment. **PSI does not have the authority to authorize refunds or transfers to another testing period.**

RULES FOR THE EXAMINATION

- All Electronic devices that can be used to record, transmit, receive, or play back audio, photographic, text, or video content, including but not limited to, cell phones, laptop computers, tablets, Bluetooth devices; wearable technology such as smart watches; MP3 players such as iPods; pagers, cameras and voice recorders are not permitted to be used and cannot be taken in the examination room.
- 2. No papers, books, or reference materials may be taken into or removed from the examination room.
- 3. Simple, nonprogrammable calculators are permitted with the exception of calculators as part of cellular phones, etc. A calculator is also available on screen if needed.
- 4. No questions concerning content of the examination may be asked during the examination session. The candidate should read carefully the directions that are provided on screen at the beginning of the examination session.
- 5. Candidates are prohibited from leaving the testing room while their examination is in session, with the sole exception of going to the restroom.

REPORT OF RESULTS

Candidates will be notified within six weeks whether they have passed or failed the examination. Scores on the major areas of the examination and on the total examination will be reported.

REEXAMINATION

The International Certification Examination for Gambling Counselors may be taken as often as desired upon filing of a new Application and fee. There is no limit to the number of times the examination may be repeated.

CONFIDENTIALITY

- 1. The IGCCB will release the individual test scores ONLY to the individual candidate.
- 2. Any questions concerning test results should be referred to IGCCB or the Professional Testing Corporation.

CONTENT OF EXAMINATION

- 1. The International Certification Examination for Gambling Counselors is a computer-based examination composed of a maximum of 200 multiple-choice, objective questions with a total testing time of four (4) hours.
- 2. The content for the examination is described in the Content Outline starting on page 7.
- 3. The questions for the examination are obtained from individuals with expertise in gambling counseling and are reviewed for construction, accuracy, and appropriateness by the IGCCB.
- 4. The IGCCB, with the advice and assistance of the Professional Testing Corporation, prepares the examination.
- 5. The International Certification Examination for Gambling Counselors will be weighted in approximately the following manner:

I. Basic Knowledge of Problem and Pathological Gambling	20%
II. Gambling Counseling Practice	40%
III. Special Issues in Gambling Treatment	30%
IV. Professional Issues	10%

CONTENT OUTLINE

I. BASIC KNOWLEDGE OF PROBLEM AND PATHOLOGICAL GAMBLING

- A. Scope of Legalized Gambling
 - 1. Prevalence of Gambling Problems
 - a. Among Adults
 - b. Among Youth
 - c. Among Treatment Populations
 - 2. Definition of Pathological Gambling
 - 3. Operationalized Definition of Problem Gambling
 - 4. The Pathological Gambling Disorder
 - a. Terminology
 - b. Progression of the Disorder
 - c. Withdrawal Symptoms from Gambling
- **B. Client Evaluations**
 - 1. Screening
 - 2. Intake
 - 3. Assessment
 - 4. Diagnostic Criteria

II. GAMBLING COUNSELING PRACTICE

- A. Examination of Attitudes/Feelings
 - 1. Real Meaning of Money
 - 2. Deception and Self-Deception
 - 3. Fantasy and Dissociation
 - 4. Spirituality
 - 5. Transference and Countertransference
 - 6. Irrational Thinking
 - 7. Cultural Beliefs and Attitudes
- B. Considerations of Alternative Solutions
 - 1. Harm Reduction
 - 2. Natural Recovery
 - 3. Recovery Oriented Systems of Care
- C. Skills
- 1. Individual Counseling
- 2. Group Counseling
- 3. Family/Significant Others
- 4. Interventions
- 5. Treatment Planning
- 6. Financial Management Issues
 - a. Restitution
 - b. Budget Preparation
 - c. Pressure Relief Group
- 7. Legal Issues
- 8. Multi-cultural Counseling

- D. Relationship to Substance Abuse and Mental Health
 - 1. Integration of problem gambling into substance use disorder and mental health treatment
 - 2. Impact of gambling on recovery from substance use and mental health disorders
 - 3. Impact of substance use and mental health disorders on problem gambling treatment and recovery
- E. Client Care
 - 1. Case Management
 - 2. Crisis Management
 - a. Identification
 - b. Resolution
 - 3. Referral Resources
 - 4. Reports and Record Keeping
 - 5. Consultation
 - 6. Levels of Care
 - 7. Peer Counseling and Recovery Support Systems
- F. Education
 - 1. Orientation to treatment and recovery
 - 2. Gambling Information
 - 3. Co-Occurring Disorders
 - a. Mental
 - b. Emotional
 - c. Psychological
 - d. Recreation/Leisure
 - 4. Self-Help Programs
 - a. Gamblers Anonymous
 - b. Gam-Anon
 - c. Other 12-Step Resources for Gambling Clients
 - 5. Research
 - a. Neurobiology, medication and psychopharmacology
 - b. Treatment
- G. Continuing Care

III. SPECIAL ISSUES IN GAMBLING TREATMENT

- A. Adolescence
- B. Older Adults
- C. Female Gamblers
- D. Cultural Minorities
- E. Relapse and Relapse Prevention
- F. Suicide
- G. Dual/Multiple Diagnosis
- H. Trauma and Survivors Issues
- I. Chronic Illness
- J. Criminal Justice
- K. Military

IV. PROFESSIONAL ISSUES

- A. Law and Regulation
 - 1. Client Rights
 - a. Confidentiality
 - b. Informed Consent
 - c. Reporting
 - 1) Child/Other Abuse
 - 2) Duty to Warn
 - 2. Discrimination
 - 3. Continuous Quality Improvement
 - 4. Managed Care
 - a. Utilization Review
 - b. Outcome Studies

B. Ethics

- 1. Non-Discrimination
- 2. Counselor Responsibility
- 3. Competence
- 4. Legal Standards
- 5. Media Statements
- 6. Publication Credit
- 7. Client Welfare
- 8. Confidentiality
- 9. Client Responsibility
- 10. Interprofessional Relationships
- 11. Remuneration
- 12. Societal Advocacy

C. Supervision

- 1. Administrative
- 2. Clinical
- 3. Gambling Specific Consultation

SAMPLE EXAMINATION QUESTIONS

In the following questions, choose the one best answer.

- 1. If, during a session, a client speaks about suicide, which of the following is the most appropriate initial step?
 - 1. Telephone the client's next-of-kin
 - 2. Seek a consultation with a professional colleague
 - 3. Make a decision about the seriousness of the situation
 - 4. End the session and accompany the client to the nearest hospital
- 2. In DSM V Pathological Gambling has been renamed
 - 1. Gambling Disorder.
 - 2. Addictive Gambling.
 - 3. Impulsive Gambling.
 - 4. Compulsive Gambling.
- 3. Compared to men, women problem gamblers are likely to start gambling
 - 1. at the same age.
 - 2. earlier in life.
 - 3. later in life.
 - 4. only in response to stress.
- 4. Gamblers Anonymous was founded in
 - 1. 1949.
 - 2. 1957.
 - 3. 1976.
 - 4. 1980.
- 5. Which of the following substances are disordered gamblers most likely to abuse?
 - 1. Alcohol
 - 2. Cocaine
 - 3. Marijuana
 - 4. Amphetamine
- 6. Which of the following screening tools is used to assess for a gambling disorder?
 - 1. ASI
 - 2. NED
 - 3. NORC
 - 4. NODS-CLiP

CORRECT ANSWERS TO SAMPLE QUESTIONS

1. **3** 2. **1** 3. **3** 4. **2** 5. **1** 6. **4**

REFERENCES

The International Gambling Counselor Certification Board has prepared a suggested reference list to assist in preparing for the International Certification Examination for Gambling Counselors. These references contain journals and textbooks which include information of significance to gambling counseling practice. Inclusion of certain journals and textbooks on this list does not constitute an endorsement by the IGCCB of specific professional literature which, if used, would guarantee candidates' successful passing of the certification examination.

American Psychiatric Association. *DSM 5: Diagnostic and Statistical Manual of Mental Disorders,* Fourth Edition. Washington, DC: American Psychiatric Association (2013).

Blaszczynski, A. Overcoming Compulsive Gambling: A Self-Help Guide Using Cognitive Behavioral Techniques. London: Constable & Robinson; 2010.

Ciarrocchi, J. Counseling Problem Gamblers: A Self Regulation Manual for Individual and Family Therapy. San Diego, CA: Academic Press (2002).

Custer, R. and Milt, H. When Luck Runs Out. New York, NY: Facts on File (1985).

Davis, D.R. Taking Back Your Life: Women and Problem Gambling. Center City, MN: Hazelden; 2009.

Federman, E.J., Drebing, C.E. & Krebs, C. *Don't Leave it to Chance: A Guide for Families of Problem Gamblers*. Oakland, CA: New Harbinger Publications; 2000.

Gamblers Anonymous. Sharing Recovery Through Gamblers Anonymous. Los Angeles, CA: Gamblers Anonymous; 2003.

Grant, J. and Potenza, M. *Pathological Gambling. A Clinical Guide to Treatment*. Washington, DC: American Psychiatric Publishing, Inc. (2004).

Ladouceur, R. & Lachance, R. Overcoming Problem Gambling: Therapist Guide and Overcoming Problem Gambling: Workbook. Oxford University Press. (2006).

Mee-Lee, D, Shulman, G.D., Fishman, M. J., Gastfriend, D. R., Miller, M.M., eds. *The ASAM Criteria: Treatment Criteria for Addictive, Substance-Related and Co-Occurring Conditions*. 3rd ed. Carson City, NV: The Change Companies; 2013

Marlatt, G. A., Larimer, M. E., Witkiewitz, K., eds. *Harm Reduction: Pragmatic Strategies for Managing High Risk Behaviors*. 2nd ed. New York, NY: Guildford Press; 2012

McCown, W. G. & Howatt, W. A. Treating Gambling Problems. Hoboken, NJ: John Wiley & Sons; 2007

Miller W. and Rollnick, S. Motivational Interviewing, Third Edition. New York, NY: Guilford Press (2012).

National Center for Responsible Gaming - www.ncrg.org/resources/

National Council on Problem Gambling and National Endowment for Financial Education. *Financial Issues for Loved Ones of Problem Gamblers*. Denver, CO: National Endowment for Financial Education (2000).

National Gambling Impact Study Commission. *Final Report.* Washington, DC: National Gambling Impact Study Commission (1997).

National Research Council. *Pathological Gambling: A Critical Review*. Washington, DC: National Academy Press (1999).

Petry, N. Pathological Gambling: Etiology, Comorbidity, and Treatment. Washington, DC: American Psychological Association (2005).

Richard, C. S., Blaszczynski, A., Nower, L., eds. *The Wiley-Blackwell Handbook of Disordered Gambling*. Wiley-Blackwell, Oxford, UK; 2014.

Shaffer, H., Martin, R, Kleschinsky, J & Neporent, L. Change your Gambling; Change your Life: Strategies for Managing your Gambling and Improving your Finances, Relationships, and Health. San Francisco, CA: Jossey-Bass; 2012.

Volberg, R. When Chips Are Down: Problem Gambling in America. New York, NY: The Century Foundation Press (2001).

The Wager - www.basisonline.org/

Whelan, J. P., Steenbergh, T. A., & Meyers, A. W. *Problem and Pathological Gambling*. Cambridge MA: Hogrefe & Huber; 2007



Application for International Certification Examination for Gambling Counselors

MARKING INSTRUCTIONS: This form will be scanned by computer, so please make your marks heavy and dark, filling the circles completely. Please print uppercase letters and avoid contact with the edge of the box. See example provided.

Α	B	U	۵	E	F	1	2	3	4	5	6
---	---	---	---	---	---	---	---	---	---	---	---

Candidate Information	Please enter your Name e	exactly	y as it appears on your current Government-Issued Photo I.D.		
Mr. First Name Middle Initial					
○ Mrs. ○ Ms.					
Or. Last Name		•	Suffix (Jr., Sr. , etc.)		
Home Address - Number and Street			Apartment Number		
			2(1) 7 (2) 110 1		
City			State Zip/Postal Code		
Daytime Phone		Evening	ig Phone		
Email Address (Please enter only ONE email addre	ess. Use two lines if your ema	ail addre	ress does not fit in one line.)		
Examination Date					
○ Spring ○ Summer ○ Winter					
Eligibility and Background Info	ormation				
Darken only one choice for each question	unless otherwise directe	d.			
A. ELIGIBILITY ROUTE: (See Handbook	k.)	E.	PERCENT OF WORKING TIME CURRENTLY SPENT		
<u>Credential</u>			IN GAMBLING COUNSELING:		
○ Bachelor's degree○ NCAC - I, NCAC - II○ Other:			○ Less than 25% ○ 51 to 75%		
(State or nati	onally recognized addiction		○ 25 to 50%		
or mental health certifications) AND Approved Training		F. PROFESSIONAL BACKGROUND:			
O 30 hours		•	Counselor Physician other than Psychiatrist		
O 60 hours			Therapist		
Not applicable - taking examination for approved state jurisdictions ONLY			Administrator Clergy		
B. LEVEL FOR WHICH YOU ARE APPLYING:			Social Worker Other		
O Level - I			Nurse		
○ Level - II			O Muldo		
C. IN WHAT TYPE OF SETTING DO YOU	U PRACTICE?	G.	EXPERIENCE IN GAMBLING COUNSELING:		
O Private outpatient O Hospital	inpatient		50 to 99 hours 751 to 1000 hours		
○ Public outpatient ○ Governm	nental institution		○ 100 hours		
Orivate residential Other			○ 101 to 750 hours ○ More than 2000 hours		
Public residentialD. IN WHICH OF THE FOLLOWING DO	VOLLSDENID AT	H.	HIGHEST ACADEMIC LEVEL:		
LEAST TEN HOURS PER WEEK? (E			○ Bachelor's degree		
Counseling clients with gambling-relate			○ Master's degree		
Counseling clients with alcohol/drug-re			O Doctoral degree		
☐ Clinical supervision			Other		
Assessment and referral					
Outreach					
☐ Research/evaluation☐ Other			(Continue on page 2)		
outer		I	, co		





MGCCR Application for International Certification

International Gambling Counselor Certification Board Examination for Ga	imbling Counselors				
Eligibility and Background Information					
I. IN WHICH OF THE FOLLOWING ARE YOU LICENSED OR HOLD CERTIFICATION OR REGISTRATION?	L. ARE YOU A MEMBER OF NAADAC? O No O Yes NOTE: Membership is not required.				
(Darken all that apply.)	NAADAC Membership Number				
☐ Social work ☐ Nursing					
Psychology Employee assistance programming	Membership Experation Date (month/day/year)				
☐ Counseling ☐ Marriage and family therapy	/ / / / / / /				
☐ Medicine☐ Peer Counselor/Recovery Coach☐ Other					
J. HAVE YOU TAKEN THIS EXAMINATION BEFORE?	OPTIONAL INFORMATION				
○ No ○ Yes	Note: Information related to race, age, and gender is optional and is				
If yes, indicate month, year, and name under which the examination was taken.	requested only to assist in complying with general guidelines pertaining to equal opportunity. Such data will be used only in statistical summaries and in no way will affect your certification.				
Date (month/year):					
Name:	· · · ·				
K. ARE YOU A MEMBER OF THE NATIONAL COUNCIL	Race: Age Range: Gender: African American Under 25 Male				
ON PROBLEM GAMBLING (NCPG)? No Yes NOTE: Membership is not required.	○ Asian ○ 25 to 29 ○ Female				
NCPG Membership Number	○ Hispanic ○ 30 to 39				
	○ Native American ○ 40 to 49				
Membership Experation Date (month/day/year)	○ White ○ 50 to 59				
	○ Other ○ 60+				
Release Authorization					
Must be completed by all candidates authorizing release of test resistate/Commonwealth Please print the two letter state/commonwealth all lines authorize the International Gambling Counselor Certification Board state/commonwealth indicated. I understand that these test results will be	bbreviation in the boxes provided. (IGCCB) to release the results of my certification examination to the				
CANDIDATE SIGNATURE:	DATE:				
Candidate Signature	 				
I have read the Handbook for Candidates and understand I am responsible Application is accurate, correct, and complete.	le for knowing its contents. I certify that the information given in this				
CANDIDATE SIGNATURE:	DATE:				
	FOR OFFICE USE ON 1050 1				
	Fee:				





□ CC
□ Check