Oregon Data extracted from the National Survey on Drug Use and Health, released December 2021

The National Survey on Drug Use and Health (NSDUH) provides national and state-level data on the use of tobacco, alcohol, illicit drugs (including the non-medical use of prescription drugs) and mental health in the United States. Information from NSDUH is used to support prevention and treatment programs, monitor substance use trends, estimate the need for treatment and inform public health policy.
### Alcohol Use Disorder Past Year

**NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings**

<table>
<thead>
<tr>
<th>State</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Washington</td>
<td>13.03%</td>
</tr>
<tr>
<td>Kansas</td>
<td>12.45%</td>
</tr>
<tr>
<td>Vermont</td>
<td>12.40%</td>
</tr>
<tr>
<td>Colorado</td>
<td>12.40%</td>
</tr>
<tr>
<td>Oregon</td>
<td>12.34%</td>
</tr>
<tr>
<td>U.S. Average</td>
<td>10.23%</td>
</tr>
<tr>
<td>Lowest: Georgia</td>
<td>7.42%</td>
</tr>
</tbody>
</table>

**Oregon Ranks 5th**

Percent of population (teens & adults) with alcohol use disorder past year.
Any Substance Use Disorder Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 2\textsuperscript{nd}

Percent of population (teens & adults) with past year substance use disorder
Needing but not Receiving Treatment for SUDs,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 50th

Percent of population (teens & adults) Needing but not receiving treatment for SUDs

Bottom Five States

- Oregon: 18.08%
- Washington: 17.49%
- Kansas: 16.82%
- Montana: 16.25%
- Vermont: 16.03%

U.S. Avg: 13.89%
Any Mental Illness Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 2\textsuperscript{nd}

Percent of population (teens & adults) with any mental illness in the past year
Serious Mental Illness Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 3rd
Percent of population (teens & adults) with past year serious mental illness

- Oregon: 7.15%
- Utah: 7.59%
- Arkansas: 7.32%
- West Virginia: 6.97%
- Ohio: 6.85%
- US Avg: 5.44%
- Lowest: Hawaii: 4.35%
Oregon

Percent of population (teens & adults) with past year: any mental illness, and services for mental health

Any Mental Illness past year
- Oregon: 27.33%

Received Mental Health Services past year
- Oregon: 20.01%
Illicit Drug Use in the Past Month,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 2nd

Percent of population (teens & adults) reporting past month illicit drug use

Vermont: 22.80%
Oregon: 21.17%
Washington: 20.61%
Nevada: 20.01%
Rhode Island: 19.43%
U.S. Avg: 13.24%
Lowest: Texas 9.22%
Marijuana Use in the Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

<table>
<thead>
<tr>
<th>State</th>
<th>Percent of Population Reporting Past Year Marijuana Use</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vermont</td>
<td>29.35%</td>
</tr>
<tr>
<td>Oregon</td>
<td>27.82%</td>
</tr>
<tr>
<td>Colorado</td>
<td>26.68%</td>
</tr>
<tr>
<td>Washington</td>
<td>26.65%</td>
</tr>
<tr>
<td>Rhode Island</td>
<td>24.54%</td>
</tr>
<tr>
<td>U.S. Avg</td>
<td>17.73%</td>
</tr>
<tr>
<td>Lowest: Texas</td>
<td>12.54%</td>
</tr>
</tbody>
</table>

Percent of population (teens & adults) reporting past year marijuana use.
Marijuana Use in the Past Year,
NSDUH (2002-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon 2002-2020

Percent of population (teens & adults) reporting past year marijuana use
Marijuana Use in the Past Month,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 2\textsuperscript{nd}

<table>
<thead>
<tr>
<th>State</th>
<th>Marijuana Use in Past Month (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vermont</td>
<td>21.85%</td>
</tr>
<tr>
<td>Oregon</td>
<td>19.26%</td>
</tr>
<tr>
<td>Colorado</td>
<td>18.94%</td>
</tr>
<tr>
<td>Washington</td>
<td>18.66%</td>
</tr>
<tr>
<td>Rhode Island</td>
<td>17.69%</td>
</tr>
<tr>
<td>U.S. Avg</td>
<td>11.66%</td>
</tr>
<tr>
<td>Lowest: Texas</td>
<td>7.53%</td>
</tr>
</tbody>
</table>

Percent of population (teens & adults) reporting past month marijuana use
Marijuana Use in the Past Month, NSDUH (2002-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon 2002-2020

Percent of population (teens & adults) reporting past month marijuana use
Methamphetamine use Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 1st

Percent of population (teens & adults) reporting past year methamphetamine use

- Oregon: 1.93%
- Arizona: 1.77%
- New Mexico: 1.70%
- Idaho: 1.66%
- Arkansas: 1.60%
- US Avg: 0.82%

Lowest: New Jersey 0.26%
Rx Opioid misuse Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon
Ranks 1st
Percent of population (teens & adults) reporting past year Rx opioid misuse

Oregon: 4.46%
Washington: 4.15%
Utah: 3.96%
Arizona: 3.89%
Nevada: 3.87%
U.S. Avg: 3.44%
Lowest: Hawaii 2.79%
Heroin use in the Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 18 and older) U.S. State Rankings

Oregon Ranks 11th

Percent of population (adults) reporting past year heroin use.
Cocaine use Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 7th

Percent of population (teens & adults) reporting past year cocaine use

- Oregon: 2.37%
- U.S. Avg: 1.93%
- Lowest: South Carolina: 1.25%
Alcohol use in the Past Month,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 10th

Percent of population (teens & adults) reporting past month alcohol use

Highest: New Hampshire 59.06%

Oregon 56.34%

U.S. Avg 50.40%

Lowest: Utah 31.57%
Major Depressive Episode Past Year,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

Oregon Ranks 5th

Percent of population (teens & adults) with past year major depressive episode

- Utah: 11.38%
- Idaho: 10.36%
- Arizona: 9.87%
- Kansas: 9.87%
- Oregon: 9.84%
- US Avg: 8.12%
- Lowest: Hawaii: 6.72%
Had Serious Thoughts of Suicide Past Year, NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

**Oregon Ranks 2nd**

**Percent of population (teens & adults) with past year serious mental illness**

- **Utah**: 7.63%
- **Oregon**: 6.80%
- **Arizona**: 6.48%
- **Kansas**: 6.44%
- **Idaho**: 6.27%
- **US Avg**: 4.84%
- **Lowest: Georgia**: 3.92%
Suicide measures,
NSDUH December 2021 Report (2019-2020, n=135,000, ages 12 and older) U.S. State Rankings

**Serious thoughts of suicide:** 2nd among U.S. states

**Made any suicide plans:** 25th among U.S. states

**Attempted suicide:** 21st among U.S. states
### Oregon Percent of population, ages 12 and older

<table>
<thead>
<tr>
<th>Health Indicator</th>
<th>Percent of Population</th>
<th>U.S. Rank</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>Illicit Drug Use Disorder Past Year</td>
<td>9.04%</td>
<td>1st in U.S.</td>
<td>TOP:Highest State</td>
</tr>
<tr>
<td>Needing but not Receiving Treatment for SUDs</td>
<td>18.08%</td>
<td>50th in U.S.</td>
<td>TOP: Worst State</td>
</tr>
<tr>
<td>Any Mental Illness Past Year</td>
<td>27.33%</td>
<td>2nd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Serious Mental Illness Past Year</td>
<td>7.15%</td>
<td>3rd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Illicit Drug Use in the Past Month</td>
<td>21.17%</td>
<td>2nd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Marijuana Use in the Past Year</td>
<td>27.82%</td>
<td>2nd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Marijuana Use in the Past Month</td>
<td>19.26%</td>
<td>2nd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Illicit Drug Use other than Marijuana in the Past Month</td>
<td>4.25%</td>
<td>3rd in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Rx Opioid misuse Past Year</td>
<td>4.46%</td>
<td>1st in U.S.</td>
<td>TOP:Highest State</td>
</tr>
<tr>
<td>Heroin use in the Past Year</td>
<td>0.56%</td>
<td>11th in U.S.</td>
<td>Higher State</td>
</tr>
<tr>
<td>Cocaine use Past Year</td>
<td>2.37%</td>
<td>7th in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Methamphetamine use Past Year</td>
<td>1.93%</td>
<td>1st in U.S.</td>
<td>TOP:Highest State</td>
</tr>
<tr>
<td>Alcohol use in the Past Month</td>
<td>56.34%</td>
<td>10th in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Alcohol Use Disorder</td>
<td>12.34%</td>
<td>5th in U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Cigarette Use Past Month</td>
<td>15.60%</td>
<td>31st in the U.S.</td>
<td>Near U.S. Average</td>
</tr>
<tr>
<td>Serious Thought of Suicide Past Year</td>
<td>6.80%</td>
<td>2nd in the U.S.</td>
<td>TOP 10: Very High</td>
</tr>
<tr>
<td>Attempted Suicide Past Year</td>
<td>0.54%</td>
<td>21st in the U.S.</td>
<td>Near U.S. Average</td>
</tr>
<tr>
<td>Major Depressive Episode Past Year</td>
<td>9.84%</td>
<td>5th in the U.S.</td>
<td>TOP 10: Very High</td>
</tr>
</tbody>
</table>